

Holy Family Little Dribbler Basketball Sign-Ups



IT'S UP... IT'S GOOD... It's the Start of
BASKETBALL SEASON



All 1st through 4th grade boys and girls are invited to participate in our upcoming Little Dribbler Basketball Program. This is a beginning level basketball program, where fundamentals, teamwork, sportsmanship, and skill development is the focus. Each grade level has a boys and girls team. Practices will begin in December and are held after school one day a week for an hour under the supervision of coaches. League games are held on Saturdays and our first league game will be on January 7, 2017. The season runs through March 4th.

We play our games at other Catholic Schools in the Sacramento Diocese and usually have at least one home game in our gym.

Some Benefits of Playing Team Sports:

*Playing sports is fun. It gives your child something to do and a group to belong to. They have a group of friends that has the same goals and interests. *Sports help kids develop discipline. They learn to set goals and then work to achieve those goals. They learn that by working hard they can accomplish the things that they want to in their lives. *Sports help develop teamwork and leadership skills. *Regular exercise increases quality of life. Children who exercise are more likely to continue the practice into adulthood.

Cost - \$50.00 - Includes basketball uniform shirt (checks - Holy Family School)

Registration Steps-

1. Complete the information on the reverse side and return this sheet with payment to the office or your child's teacher by Friday November 4th, 2016.
2. Two forms must be completed and submitted to the school office prior to practice in December-A) Parent activity Permission Form and B) Medical Release to Participate Form-completed by your family doctor's office.

The forms are attached and available in the school office in a back to back format. It is a good idea to make arrangements to get the Medical Release Form completed immediately to avoid delays near December. Completed forms which are faxed/emailed from your doctor are acceptable.

Holy Family Little Dribblers 2016-2017

Registration Information:

Player's full name/grade _____

Parent's/Guardian's Name and Cell Phone numbers-

1) _____

2) _____

Parent's/Guardian's Home Phone number-

Parent's email _____

Teacher's name _____

Uniform Sizing:

Please select and circle for shirt size.

Shirt Size-	Youth Small
	Youth Medium
	Youth Large
	Adult Small

Players should wear **basic black athletic shorts as their uniform bottoms.**

If you have questions or concerns regarding this program, please contact Stephanie Mattes at smmattes@comcast.net